

Grow your own plants!

Materials:

- Stickers
- 2 transparent plastic cups
- Potting soil
- A spoon
- 4 or 5 seeds (radish and peas have a short growing period, sprouting within a couple of days)
- Water
- Tablecloth or tray (to catch the soil as you fill the cup)
- Spray bottle if you have one

Instructions:

1. Decorate one cup with stickers.
2. Use a spoon to fill that cup about $\frac{3}{4}$ full with potting soil.
3. Choose 4 or 5 seeds. Use the end of the spoon to make little holes, about $\frac{1}{2}$ " deep, in the soil. Put a seed in each hole and cover the seeds with a little bit of soil. If you plant a seed right by the side of the cup, you might be able to see the roots as they grow down!
4. Fill the other cup about half full with water, then pour the water into the soil.
5. Put the second cup upside-down on the decorated cup. That will make a little greenhouse and will help your seeds to grow.
6. Water your plant every 2 days using a spray bottle. If you don't have a spray bottle, put a little water in your top cup and use it to water your plant, then place it back on top. Don't give your plant too much water!

You can even taste
the leaves you've grown!

